**Rule 9013-1 MOTIONS AND CONTESTED MATTERS**

1. All written motions, applications, objections or other requests for relief shall be accompanied by a proposed order filed as an attachment to the motion.
2. Periodic motions days may be established by each Judge. No witnesses shall be heard on motions days.
3. Any affirmative request for relief shall be brought by motion and may not be included in any response to a motion.